

## What is SAPCA?

The Substance Abuse Prevention Coalition of Alexandria is a community wide group that works to combat substance use and abuse in youth.

# Why Volunteer?

- Build relationships
- Help Alexandria youth
- Be a community advocate
- Have fun!

For more information or to sign up contact:

**EMMA BEALL** 

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# Volunteer with SAPCA

#### **Board Member**

Become a board member to effect the policy and strategy of SAPCA. Meetings occur once a month.

**Healthy Conversations** 

Take on a speaking role (script provided) during this program.

## **Op-ed Author**

Write op-ed pieces for submission to local papers about key SAPCA events.

Project Sticker Shock

Help teams of youth and adults visit stores in Alexandria to place "warning" stickers on alcoholic products, highlighting the penalties for giving alcohol to minors. We need drivers, facilitators and more.

#### **Prevention Presenter**

Give presentations about substance abuse prevention to youth and adults at events.

Special Events Helper Staff tables at various community events, disseminate literature and talk to attendees about SAPCA's work.

The City of Alexandria is committed to compliance with the Americans with Disabilities Act, as amended. To request a reasonable accommodation, email maurice.tomdio@alexandriava.gov or call 571.384.5244, Virginia Relay 711.

